**Conversation Heart Challenge**

Set Up and Directions: Put 10 conversation hearts next to this paper. Complete all three challenges in under 2 minutes.

**Challenge #1:**
Make your fingers into a shape of a heart.
Make your arms into a shape of a heart.
Make your legs into a shape of a heart.

**Challenge #2:**
Use your fingers and stack 10 conversation hearts on top of each other to create a tower. Make the tower in this square.

**Challenge #3:** Place one conversation heart exactly on top of each conversation heart. The words do not have to match.

Valentine’s Day Brain Break

I get a kick out of you.
Kick each foot 10 times.

Have a ball this Valentine’s Day.
Jump forward 10 times like a bouncing ball.

You’re a slam dunk.
Perform 10 pretend jump shots in place.

You’re an all star.
Do 10 star jumps (jumping jacks).

You make my heart race.
Run in place for 30 seconds.