



Countdown to the Holidays

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| Dec. 1: Talk a walk outdoors. Find at least 5 types of fir trees or bushes. |
| Dec. 2: Create your own handmade holiday cards to mail to family and friends. |
| Dec. 3: Go on a hunt to find objects that begin with each letter in the word HOLIDAY. |
| Dec. 4: Use play clay to create a snowman and a holiday tree. |
| Dec. 5: Use rolled up socks to create pretend snowballs. Have a snowball fight. |
| Dec. 6: Play with red and green colored water in the sink or sensory table. |
| Dec. 7: Decorate a tree outdoors with some popcorn garland that you have made. |
| Dec. 8: Knead, roll and bake your favorite holiday bread. |
| Dec. 9: Take a walk and collect some pine cones, acorns or rocks. |
| Dec. 10: Put glue and glitter on pines cones and rocks. Place in bowl as center piece. |
| Dec. 11: Go outdoors. Pretend to float like a snowflake and make pretend snow angels. |
| Dec. 12: Make a miniature snowman using marshmallows and toothpicks. |
| Dec. 13: Make your body into the shape of a tree, snowman, angel and candy cane. |
| Dec. 14: Cut out paper snowflakes and hang in your home. |
| Dec. 15: Put paper plates under your feet and pretend to ice skate. |
| Dec. 16: Paint a holiday tree. Glue on small balls of tissue paper as ornaments. |
| Dec. 17: Turn on holiday music and dance. |
| Dec. 18: Create a paper chain with red and green paper. Hang up as a decoration. |
| Dec. 19: Take a walk outdoors. Find 5 green objects and 5 red objects. |
| Dec. 20: Cut up old holiday cards or holiday pictures into puzzles. |
| Dec. 21: Go caroling. Walk around your neighborhood and sing holiday songs. |
| Dec. 22: Make a homemade gift for someone special i.e. bookmark or key chain. |
| Dec. 23: Prance and move like Rudolph the Red Nosed Reindeer. |
| Dec. 24: Stir, mix and bake holiday cookies! |
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