

# Are you ready to work?

*I am feeling...*

Tired

Bored

Sick

Sad



Calm

Focused

Ready  
to Learn



Wiggly

Upset

High  
Energy



Mad

Angry

Out of  
Control



# Are you ready to work?

*I am feeling...*

|       |                                                                                    |                                                                                    |                                                                                    |
|-------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Tired | Calm                                                                               | Wiggly                                                                             | Mad                                                                                |
| Bored | Focused                                                                            | Upset                                                                              | Angry                                                                              |
| Sick  | Ready to Learn                                                                     | High Energy                                                                        | Out of Control                                                                     |
| Sad   |  |  |  |

# Are you ready to work?

*I am feeling...*

|       |                                                                                      |                                                                                      |                                                                                      |
|-------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Tired | Calm                                                                                 | Wiggly                                                                               | Mad                                                                                  |
| Bored | Focused                                                                              | Upset                                                                                | Angry                                                                                |
| Sick  | Ready to Learn                                                                       | High Energy                                                                          | Out of Control                                                                       |
| Sad   |  |  |  |

# Are you ready to work?

*I am feeling...*

|       |                                                                                     |                                                                                     |                                                                                     |
|-------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Tired | Calm                                                                                | Wiggly                                                                              | Mad                                                                                 |
| Bored | Focused                                                                             | Upset                                                                               | Angry                                                                               |
| Sick  | Ready to Learn                                                                      | High Energy                                                                         | Out of Control                                                                      |
| Sad   |  |  |  |

# Are you ready to work?

*I am feeling...*

|       |                                                                                       |                                                                                       |                                                                                       |
|-------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Tired | Calm                                                                                  | Wiggly                                                                                | Mad                                                                                   |
| Bored | Focused                                                                               | Upset                                                                                 | Angry                                                                                 |
| Sick  | Ready to Learn                                                                        | High Energy                                                                           | Out of Control                                                                        |
| Sad   |  |  |  |